

Turn 1	Turn 2	Turn 3	Turn 4	Turn 5	Turn 6	Turn 7	Turn 8	Turn 9
I	C	F	G	A	D	E	H	B
Turn 10	Turn 11	Turn 12	Turn 13	Turn 14	Turn 15	Turn 16	Turn 17	Turn 18
I	C	F	G	A	D	E	H	B
Turn 19	Turn 20	Turn 21	Turn 22	Turn 23	Turn 24	Turn 25	Turn 26	Turn 27
I	C	F	G	A	D	E	H	B
Turn 28	Turn 29	Turn 30	Turn 31	Turn 32	Turn 33	Turn 34	Turn 35	Turn 36
I	C	F	G	A	D	E	H	B
Turn 37	Turn 38	Turn 39	Turn 40	Turn 41	Turn 42	Turn 43	Turn 44	Turn 45
I	C	F	G	A	D	E	H	B
Turn 46	Turn 47	Turn 48	Turn 49	Turn 50	Turn 51	Turn 52	Turn 53	Turn 54
I	C	F	G	A	D	E	H	B
Turn 55	Turn 56	Turn 57	Turn 58	Turn 59	Turn 60	Turn 61	Turn 62	Turn 63
I	C	F	G	A	D	E	H	B
Turn 64	Turn 65	Turn 66	Turn 67	Turn 68	Turn 69	Turn 70	Turn 71	Turn 72
I	C	F	G	A	D	E	H	B
Turn 73	Turn 74	Turn 75	Turn 76	Turn 77	Turn 78	Turn 79	Turn 80	Turn 81
I	C	F	G	A	D	E	H	B

This is the distribution list for those under 6/3 Rest Cycles.

Please note it only applies to 6/3 Rest Cycles as a guide to let you know which letters will be used.
This Guide applies only to Locations if your 6/3 starts with Letter I.